# Clinton County Resource Directory



"The Mission of Housing Services Mid Michigan is to assist low to moderate income individuals and families fulfill their need for affordable, safe, and sanitary housing through the participation in federal, state, and local programs and services. Through coordination of such programs, and local providers, Housing Services Mid Michigan will strive to provide a "continuum of care" approach to better serve the diverse needs of program participants and encourage their economic self-sufficiency."

2019

Offices locations:

**Clinton County Office** 

105 W Tolles Dr. St. Johns, MI 48879 P: (989) 224-5538 F: (989) 224-3896 Dial 711 TTY

Prepared by: Housing Services Mid Michigan Clinton County Office Revised: April 2019

### **WELCOME!**

Housing Services Mid Michigan (HSMM) welcomes you to the latest edition of the *Clinton County Resource Directory*. Our staff has compiled this directory to assist you in finding services available in the community. A separate booklet listing area rental complexes is available in our office or online at <a href="https://www.hsmidmichigan.org">www.hsmidmichigan.org</a>.

This directory is **not** meant to be a complete listing of all services that exist in the community. Other resources include:

- 211
- Clinton County Connect Guide
  - Area Churches

Housing Services Mid Michigan is committed to providing information and referral services to anyone with a need or interest. Please feel free to copy any part, or all, of this guide for yourself or others.

If you have any questions, concerns, or comments about this guide, or the services we provide, please contact the office.

Sincerely,

The Staff of Housing Services Mid Michigan







## **INTRODUCTION**

- All listings are in alphabetical order. A variety of agencies may be listed. However, if we have not listed a particular agency, it does not mean that we do not recommend that agency, nor does listing an agency indicate an endorsement of that agency.
- If you feel an agency needs to be included, please feel free to contact Housing Services Mid Michigan with your suggestions.

Sincerely,

The Staff of Housing Services Mid Michigan

It shall be the policy of Housing Services Mid Michigan (HSMM) to provide equal membership/employment/service opportunities to all eligible persons without regard to race, religion, color, national origin, citizenship, age, sex, marital status, parental status, handicap, membership in any labor organization, political affiliation, and, for employment only, height, weight, and record of arrest without conviction.

#### \*DISCLAIMER

Keeping information current is important to us, however, it is difficult. Therefore, HSMM should not be held responsible for information that has changed.

#### HOUSING SERVICES MID MICHIGAN (HSMM)

CLINTON COUNTY OFFICE

105 W. Tolles Dr., St. Johns, MI 48879 (inside the Clinton County Department of Human Services)

(989) 224-5538 (989) 224-3896 **Fax** 

A non-profit organization designed to assist the low and moderate-income individuals/families in Mid Michigan with housing needs. The goal of HSMM is to improve the quantity and quality of decent, safe, and affordable housing and to reduce the number of homeless individuals and families in Mid Michigan.

Hours: 8:30 am - 5:00 pm; Monday - Friday

Walk-ins for information are welcome, but appointments are necessary for other services.

#### Services:

- **Homeless Assistance Program** Case management and assistance with locating affordable housing and referrals to other agencies and support services. Possible financial assistance with a portion of first month's rent may be provided with all efforts aimed at securing safe and affordable housing.
- **Homeless Prevention Program** Case management for individuals and families facing court ordered evictions, foreclosures, including back taxes, with referrals to additional agencies and support services. All efforts aimed at preventing an eviction by providing financial payments as necessary and available.
- Permanent Supportive Housing Special housing for chronically homeless families and singles.
- **Mainstream Housing Choice Voucher Program** A monthly rental program for adults with a verifiable disability including case management/coordination. There is a waiting list to enroll in this program.
- **Housing Guides** A listing of known available rental units and jobs in the Eaton County area, updated every Tuesday and uploaded to our website.
- **Landlord/Tenant Issues** Information and advocacy to aid resolution of landlord/tenant issues. Includes information about fair housing laws.
- **PATH** This program is a Tri County area (Ingham, Eaton, and Clinton). This program is framed around face to face interactions with people living on the streets, vehicles, camps, or in other non-traditional settings unfit for human habitation to engage and connect them to services.

#### **Requirements:**

requirements.
All applicants must provide the following documents:
☐ Driver's license or ID card.
□ Social Security Numbers for <u>ALL</u> household members.
□ Verification of housing emergency - eviction notice, court judgment, foreclosure notice, or back tax foreclosure notice proof of homelessness.
□ Verification of income - check stubs for past 30 days, statement of SSI or DHHS payments, child support, etc.
<ul> <li>□ Current household bills and expenses - utilities, phone, garbage removal, credit cards, car payments, medical bills, etc.</li> <li>□ Any Department of Health and Human Services (DHHS) paperwork, including SER decision notification.</li> </ul>
Eligibility: Some restrictions and requirements.

#### 2-1-1 CENTRAL MICHIGAN

Call 2-1-1, your first call for help!

www.centralmichigan211.org

(866) 561-2500 or **Dial 2-1-1** 

Connecting you to a full range of FREE non-emergency community, social, government, and health services information. **Hours:** 24 hours a day, 7 days a week, 365 days a year.

**Services:** 2-1-1 is the easy to remember, free telephone number that links you to community services and volunteer opportunities. Whether you need help or want to give help, 2-1-1 can help you find the services you need. When you call 2-1-1, you're instantly connected with a trained professional ready to help, or you can connect to the directory of available resources online.

#### **ALCOHOLICS ANONYMOUS**

1915 E Michigan Ave, Lansing 48912

(517) 377-1444 Crisis Line

www.aalansingmi.org

Hours: Mon-Fri, 10am-4pm. Literature sales hours are usually 10am to 8pm, 7 days a week.

**Services:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others to recover from alcoholism. The only requirement

for membership is a desire to stop drinking. There are no dues or fees for membership. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Please go to the website above for more information and to learn when and where meetings will be held in your area.

#### **ADULT PROTECTIVE SERVICES (DHHS)**

Clinton County Adult Protective Services

(855) 444-3911 **24/7 Hotline** 

105 W. Tolles Dr.

St. Johns, MI 48879

**Services:** Responsible for investigation/determination whether the person "suspected of being abused, neglected, exploited or endangered" is an adult in need of protective services. The Department utilizes the least restrictive procedures to provide these services including social and legal intervention.

#### **ADVENT HOUSE MINISTRIES**

743 N Martin Luther King Jr Blvd, Lansing 48915

(517) 485-4722

(517) 485-2837 Fax

www.adventhouse.com

**Hours:** Office hours, Mon-Fri 9am-5pm Weekend shelter hours, 8am-5pm

**Services:** Free meals on Sat & Sun. Weekend day shelter and food provision. Good Work Employment Program for homeless people for life skills and employment placement. Family support programs including GED completion classes.

#### **AMERICAN DIABETES ASSOCIATION**

www.diabetes.org

(800) 342-2383

Juvenile Diabetes Foundation www.jdrf.org

(800) 223-1138

#### AMERICAN RED CROSS (MID-MICHIGAN CHAPTER)

1800 E Grand River Ave, P O Box 30101, Lansing 48909

(517) 484-7461

www.redcross.org/mi/lansing

(827-4357) **Tap-Help** (517) 484-3799 **Fax** 

Hours: Disaster Relief and Military Assistance, 365 days per year

Office, Mon-Fri 8:30am-5pm

Services: Available to families in disaster.

**Disaster Relief**: Provides temporary housing, food, clothing, medicine, cleaning supplies, etc. to the victims of fire, flood, and other disasters. Also provides referrals to other agencies.

**Military Assistance**: Twenty-four-hour communication and assistance provided for military families, active duty personnel, and veterans.

#### **ASSURANCE WIRELESS**

www.assurancewireless.com

(888) 989-4888

**Services:** Government supported program that provides a FREE cell phone and airtime each month for income-eligible customers. You may qualify based on your household income, or if you participate in any of the qualifying government programs. Examples: food stamps, SSI and cash assistance. Apply either online or by calling their toll-free number.

#### **BABY PANTRY**

Services: Baby items.

First Congressional Church 100 Maple Ave St. Johns, MI 48879

(989) 224-2636

Little Blessings Baby Pantry 14980 Upton Rd. East Lansing, MI 48823

#### **BEACON OF HOPE**

(989) 224-0328

512 S. Whittemore Street (BUS US 27) St. Johns, MI 48879

**Services:** Food pantry, Biblical Counseling with trained counselors through First Baptist Church, Car seat checks in May and October, Laundry Basket Ministry, Learn and Earn Program, and Second Time Around Shop.

#### **BECKA MANAGEMENT, LLC**

5085 W Grand River Ave, Apt 200, Lansing, MI 48906

(517) 669-9706

(866) 748-8024

(517) 669-2336 Fax

**Services:** MSHDA Housing Agent. Manages and maintains Housing Choice Vouchers (Section 8) and manages the Housing Choice Voucher (Section 8) waiting list for Eaton County, and other counties.

#### CAPITAL AREA CENTER FOR INDEPENDENT LIVING (CACIL)

 2812 Martin Luther King Jr Blvd, Lansing 48906
 (517) 999-2760

 www.cacil.org
 (517) 999-2767 Fax

 Hours: Mon-Fri 9am-5pm
 (877) 652-0403

Services: The Capital Area Center for Independent Living (CACIL) is "Your Disability Resource". Serving the Greater Lansing Area since 1976, our goal is simple – to transform thinking to improve the environment and quality of life for people with disabilities. Most people equate disabilities with limitations. Our job is to change the perceptions and realities that prevent people with disabilities from sharing in the community. We provide training, mentoring and referrals to help people with disabilities and their families live productive lives. Also, as disabilities touch so many people; we work on a larger scale, helping government and businesses make changes that benefit not just those with disabilities but everyone in the community. Areas of services include benefits, transportation, housing, employment, education and recreation.

Costs range from free to fee-for-service. Inclusive of all disabilities.

#### CAPITAL AREA COMMUNITY SERVICES (CACS)

Clinton County Service Center

1001 S Oakland St, St. Johns, MI 48879

Hours: Mon-Fri 8am-4:30pm

**Services:** CACS provides direct services in the area of:

☐ Head Start Pre-School

☐ Information and Referral Services for Seniors and Low Income Families

☐ Commodity Food Programs

☐ Tax Preparation

☐ Expanded Homeless Services Program

#### CAPITAL AREA LITERACY COALITION

 1028 E Saginaw St, Lansing 48906
 (517) 485-4949

 www.thereadingpeople.org
 (517) 485-1924 Fax

Hours: Mon & Wed. 9am-7am; Tue, Thur, Fri 9am-5pm

**Services:** Free one-to-one instruction in reading and writing for children struggling in school, at-risk teens, and adults. We also provide tutoring to refugee families and English as a second language instruction. Diagnostic testing and vision screening are free. Our typical commitment is two hours per week for a period of 6 months.

#### CASA – The Voice for Clinton County's Children

(517) 599-7145

(989) 224-7998

**Mission:** To provide trained citizen volunteers to advocate and to collaborate with community resources for the best interest of abused or neglected children involved in court proceedings.

#### CHILD AND FAMILY CHARITIES

 4287 Five Oaks Dr, Lansing 48911
 (517) 882-4000

 Email: info@childandfamily.org
 (517) 882-3506 Fax

 Web: www.childandfamily.org
 (800) 301-7566

Hours: Mon-Thu 8:30am-7pm; Fri 8:30am-5pm

**Services:** Adoption, Post Adoption Support, Foster care, Mental Health Counseling, *New Focus* – Adolescent Substance Abuse Treatment, Employee Assistance, Angel House – Mother/Baby program, teen court, child abuse prevention servicesfamily grown center, parent education, foster care supervised visitation. **Also, see Gateway Youth Services.** 

#### CHILD PROTECTIVE SERIVCES

Clinton County DHHS 105 W. Tolles Dr. St. Johns, MI 48879

(855) 444-3911 **24/7 Hotline** 

#### **CITY RESCUE MISSION MINISTRIES**

**Administrative office:** 2216 S Cedar St, Lansing, MI 48910 (517) 485-0145 (517) 485-0960 **Fax** 

Men's Shelter: 607 E Michigan Ave, Lansing, MI 48912

Check-in: 6pm-7pm

Women's and Children's Shelter: 2216 Cedar St, Lansing, MI 48910

Check-in: Mon-Sat, call at 9am for availability.

Personal Needs Closet (hygiene items): 607 E Michigan Ave, Lansing

Sign up Mon-Fri, 11am to noon. Requires ID for everyone in household and must stay through lunch.

Public Dining Room: Lunch (Mon-Fri) Sign in 11am-noon

Dinner (Daily) Sign in 6pm-7pm

**Services**: Providing temporary shelter to homeless women, mother/female legal guardians with children, and men. Includes three meals during weekdays and two meals on weekends, clothing and personal needs (as available), meals to the public, non-denominational worship services, and personal hygiene items. Supported by private donations.

#### **CLINTON AREA TRANSIT SYSTEM**

(989)224-8127

304 N. Brush St. St. Johns, MI 48879

**Services:** Operates curb to curb services. Fares are based on distance traveled by passengers. Monday – Friday 6:30 am – 5:00 pm

#### CLINTON, EATON, & INGHAM COMMUNITY MENTAL HEALTH - CRISIS LINE

812 E Jolly Rd, Lansing 48910 (800) 372-8460 **Toll Free** 

**Hours:** 24/7 walk in/phone (517) 346-8460

**Services:** Provides triage for persons experiencing psychiatric emergency.

#### **CRISTO REY FAMILY HEALTH CLINIC**

1717 N High St, Lansing 48906 (517) 371-1700 **Hours:** Mon-Fri, 8am-5pm (517) 372-8499 **Fax** 

**Services:** Provides intervention for short term emergency crisis, long term supportive services, and educational programs to meet the community's needs. People with disabilities, senior and youth programs, referrals, parenting, mental health, substance abuse, teen anger management counseling, support groups, volunteer programs, food, prescriptions, clothing, and medical clinics. Spanish speaking assistance is available.

Fees: Free or based on family income

#### **DEPARTMENT OF HEALTH AND HUMAN SERVICES (DHHS)**

Clinton County DHHS, 105 W Tolles Dr, St. Johns, MI 48879 (989) 224-5500 (989) 224-8717 **Fax** 

www.michigan.gov/bridges

**Services:** 

#### **State Emergency Relief (SER)**

Must be homeless (living with friends does **not** qualify) or have a court ordered eviction.

Housing must be affordable, maximum obligation cannot exceed 75% of net income.

For example: If a family of 3 receives \$477 per month with no additional income, their maximum obligation for housing would be \$357 per month ( $$477 \times 75\% = $357$ ).

Client Caused (required payments must be made for past 6 months or meet "Good Cause")

Maximum issue must solve emergency and prevent emergency from arising again.

Must pursue potential resources. If applicant does not meet all required above, SER is denied.

For utility assistance: must have a shut-off notice.

#### **ELDER ABUSE AND NEGLECT**

1104 S Westnedge Ave, Kalamazoo 49008

(269) 381-0935 Fax

Hours: 24/7

#### ☐ Vulnerable Adult Help Line

(855) 444-3911 **Hotline** 

A 24-hour Crisis Intervention and Information and Referral Help Line which is funded by DHHS for Vulnerable Adult/Elder Abuse, neglect, and/or exploitation issues. Callers may use the Help Line for crisis intervention, assistance with problem solving, and for information and referrals. Callers may also be connected with any Adult Protective Services office for any county in the State of Michigan. Vulnerable adults are those who are 18+ years old, who are

unable to protect themselves from abuse, neglect, or exploitation because of a mental or physical impairment, or because of advanced age.

### ☐ Child Abuse & Neglect/Parent Helpline (CAN)

(800) 942-4357 Parent Help

A 24-hour Crisis Intervention and Information and Referral Help Line which is funded by DHHS for parents and caregivers who need someone to talk with when they are feeling overwhelmed with the many demands of parenting. Youth and others concerned about the welfare of a child/children may call this line and be connected to the Child Protective Services office for the county in which the abuse, neglect, or exploitation occurs/may be occurring. Hospitals, police, and other agencies also use this line to locate the Child Protective Services office for the appropriate country In the State of Michigan.

#### ☐ Runaway Assistance Program (RAPLine)

(800) 292-4517 Runaway

Assistance: A 24-hour Crisis Intervention and Information and Referral Help Line which is funded by DHHS, providing a free, confidential, and anonymous Crisis Intervention and Information & Referrals for youth, their families, or concerned individuals. This line is also the after-hours resource for many youth centers across the state that does not have 24-hour program availability. Callers are generally youths at risk for runaway, homeless youth, or parents/concerned parties that fear a youth may be at-risk to run away. Hospitals, police, and other agencies also use this Crisis and Information & Referral Line, often to locate local youth centers and/or runaway/homeless shelters.

#### **EMERGENCY SHELTERS**

Advent House Ministries	(517) 485-4722
	(Weekend Day shelter & meals)
·	Women: (517) 485-7145
	Men: (517) 485-0145
Eve, Inc.	
	(Domestic Violence ONLY)
Haven House	
TI CD	(Families)
Haven of Rest	
Interfaith Shelter	(Men, Women & Children)
Interfaith Sheiter	
Loaves & Fishes	(Men, Women & Children)
Loaves & Fishes	(Men, Women & Children)
S.A.F.E. Place	
	(Domestic Violence ONLY)
Holy Cross	(517) 484-4414
·	Women - Ext 106
	Men - Ext 108

#### **EVE, Inc. (End Violent Encounters)**

PO Box 14149, Lansing 48901	(517) 372-5572 <b>24/7</b> Crisis Line
www.eveinc.org	(888) 796-5222 <b>TOLL FREE</b>
	(517) 372-5976 <b>Business Office</b>
	(517) 702-9908 <b>Business Fax</b>
	(517) 372-0024 Shelter Fax

**Services:** Provides up to 30-day emergency shelter and basic needs for survivors of domestic violence and their children; offers 24-hour-a-day, 7-days-a-week confidential crisis line; provides individual counseling for women and children, family and support group counseling; Personal Protection Order assistance; Advocacy including housing assistance; childcare during parent's appointments and children's services; community education; dating violence prevention education. Services are available to non-resident women and children. Spanish-speaking staff is available.

#### **FAIR HOUSING CENTER**

Fair Housing Center of SE Michigan www.fhcmichigan.org

(877) 979-FAIR **Toll Free** 

(734) 994-4913

### Fair Housing Center of SW MI www.fhcswm.org

405 W Michigan Ave, Ste #6, Kalamazoo 49007

(866) 637-0733 **Toll Free** (269) 276-9101 **Fax** 

**Services:** The Fair Housing Center is a private, non-profit organization committed to ending discrimination in the rental, sales, and financing of housing. The FHC provides investigative services (testing), advice, advocacy, conciliation, attorney referral and community education.

**Info:** Federal law bans housing discrimination based on: race, color, religion, national origin, sex, disability, and familial status. Michigan law adds protection based on: age and marital status. Ann Arbor adds protection based on: sexual orientation, source of income, and student status. Call us, if you hear: "Sorry, we just rented the last apartment"; "No disability, we only rent to working people"; "No children allowed"; "A boy and a girl can't share a bedroom"; or "We must have lost your application."

#### FAMILYWIZE PRESCRIPTION DISCOUNT CARD

www.familywize.org

(866) 810-3784 Toll Free

**Services:** Provides a discount averaging 20% on all prescription drugs, not covered by insurance, Medicaid, Medicare, or the VA, and can also be used during deductible periods. Card may be printed on the Familywize website.

#### **FOOD BANKS:**

Beacon of Hope: A Ministry of First Baptist Church	(989) 224-0328
Basic Needs Center	. (517) 230-4618
Bath Community Center	(989) 227-3396
Catholic Community of St. Jude	(517) 669-8335
Elsie Methodist Church	(989) 862-5239
His Cup Runneth Over Traveling Soup Trailer	(989) 544-5764
Most Holy Trinity Catholic Church	(989) 593-2162
Redeemer United Methodist Church	(517) 669-3430
St. Mary Catholic Church	(989) 587-4201

#### **GATEWAY COMMUNITY SERVICES**

4287 Five Oaks Dr, Lansing, 48911 A division of Child and Family Charities

(887)-833-3689 Hotline (517) 882-4000 (517) 882-3506 Fax

Kevin Moody Youth Home

**Program 1: Higher Ground** 

**Services:** Emergency shelter counseling, case management, and advocacy with the intention to reunify youth with their family or provide support and assistance in locating safe, alternative housing when family reunification is not possible. **Eligibility:** Runaway or homeless youth or youth experiencing severe family conflict ages 12 through 17.

Program 2: Crossroads

**Services:** Longer term shelter (up to 18 months), Independent living skills instruction, counseling, case management and advocacy.

#### **GOODWILL**

6250 S Cedar St, Lansing 48912 5353 W Saginaw Hwy, Lansing 48917 (517) 393-4908

(517) 323-1167

Hours: Mon-Sat 10am-8pm; Sun Noon-5pm

**Services:** Provides gently used clothing and furniture at reduced prices.

#### GREENPATH DEBT SOLUTIONS

271 Woodland Pass #125 East Lansing MI 48823

(734) 241-5800

www.greenpath.com

**Services**: Helps ease financial pressures by customizing solutions that are personalized to fit client's debt situation, income and lifestyle. Will work as clients advocate with creditors as well as process the payments to creditors. Will help client explore options to avoid bankruptcy and/or expensive consolidation or equity loans.

#### HABITAT FOR HUMANITY RESTORE

Habitat for Humanity Restore, St. Johns

2352 N. US 27 St. Johns, MI 48879

(989) 224-0000

**Services:** Non-profit organization using volunteers to build affordable housing for families within the Greater Lansing area who have not been able to own a home in the past. Homeowners purchase homes through no-profit, no-interest mortgages while contributing hundreds of hours of "sweat equity."

**Restore:** Open to the public, items sold at 50% less, include building materials, hardware and appliances. Donations accepted.

**Eligibility:** Currently in need of affordable housing (currently in substandard housing will be considered as priority), stable income (not exceeding current guidelines), adequate credit history, able to contribute hours of "sweat equity" either on your home or others as directed by board.

#### **HANNAH'S HOUSE, INC.**

625 N Walnut St. Lansing, MI 48933

(517) 482-5856

**Hours:** 9am to 5pm M-F

**Services:** Christian maternity home provides services to expectant mothers, offering many essential services mothers need to become healthy, successful parents. From basic needs and housing, to education and spiritual development, mentoring through

pregnancy and up to nine months after the birth of the child.

#### **HAVEN HOUSE**

121 Whitehills Drive, PO Box 961, E Lansing 48823

(517) 337-2731

(517) 337-2910 Fax

**Hours:** Telephone Intakes 8 am - 8 pm 7 days a week. The shelter is staffed 24 hours a day, 7 days a week, including holidays.

**Services:** Temporary emergency shelter for homeless families with children. Will take 2 parent families (with proof of established relationship), single mom or single dad with children. There is no waiting list space is offered at a first come first serve basis, starting at 8am every day including weekends and holidays. Food is available for residents to prepare for breakfast and lunch. Dinner is prepared and served by staff/volunteers every day. Laundry facilities available. Resident programs include Family/Parenting classes, help with job search and resume preparation and tutoring. Families are required to meet with a shelter coordinator on a daily and weekly basis to go over a budget, housing and job search goals. Referrals to other agencies as needed.

Residents who move directly from shelter into affordable housing are offered follow-up care through the Partners-in-Progress program.

**Eligibility:** (For emergency shelter) Single or Two-Parent families with children. Once accepted into the shelter needs are evaluated weekly.

#### HAVEN OF REST

11 Green St, Battle Creek, 49014

(269) 965-1148

Web: www.thehavenbc.org

(269) 966-4155 Fax

Services: The Haven serves those who are homeless; providing adult foster care programs, men and women's alcohol and substance abuse programs, men's and women's and family shelters, licensed day care, veteran's transitional housing, jail ministry for the Calhoun County Jail, Permanent supportive housing for Haven residents (limited availability), and academic assistance for homeless children.

$\square$ STD	. HIV/AIDS testing.	counseling	referral	services	and Com	municable i	Disease	prevention
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☐ Lead-based Paint, Water, and Radon Testing, Lead Poisoning screening

#### INGHAM COUNTY DEPARTMENT OF VETERANS AFFAIRS

5303 S Cedar St, Entrance 2, Lansing 48911

(517) 887-4331 (517) 272-4185 **Fax** 

Hours: Mon-Fri 8am-Noon & 1pm-4:30pm; APPOINTMENTS PREFERRED

**Services:** Ingham, and Clinton Counties. Vocational Rehabilitation, Pension and Compensation assistance, Post Traumatic Stress Disorder and Military Sexual Trauma counseling, Home Loan Guaranty, Burial and health care services, including transport to VA Medical Center. Temporary emergency assistance available to honorably discharged veterans with wartime service.

#### **INTERFAITH SHELTER**

414 S Blackstone, Jackson 49201

(517) 789-8735

(517) 817-1960 Fax

**Services:** Temporary shelter for men, women and children. Three prepared meals served daily! Monday - Sunday; Breakfast 7am- 7:30am, Lunch 11:30am-12:30pm, Dinner 4:30pm-5:30pm.

#### **LANSING AREA AIDS NETWORK (LAAN)**

913 W Holmes, Suite 115, Lansing 48910

(517) 394-3560 Call ahead

http://laanonline.org

(517) 394-1298 Fax

**Services:** LAAN provides HIV counseling, testing, referral services, and coordinates care services for people who are HIV positive through case management services. They develop, implement and evaluate health service plans with clients, as well as

locating, coordinating, and monitoring such services. They serve as client advocates and provide referrals as needed.

Fees: All services are free.

#### LEGAL SERVICES OF SOUTH CENTRAL MICHIGAN

(888) 783-8190 **Hotline** 

3490 Belle Chase Way, #50, Lansing 48911

(517) 394-3121

www.lsscm.org

(517) 394-4276 Fax

Hotline Hours: Mon-Fri 9am-5pm

**Services:** Civil, legal assistance including, family law, housing law, public benefit, consumer law and elder law, to residents of Ingham, Eaton, Clinton, Shiawassee, Livingston, and Barry Counties. No criminal or traffic violation cases.

Eligibility & Fees: Income Guidelines. No fee for those who qualify.

**Battle Creek Office:** 

123 Territorial Rd W, Battle Creek, MI 49015

(877) 203-5000

Hours: Call Tuesdays from 9am-11:30am & 1:30pm-4pm. Walk-In appointments available on Fridays.

#### LISTENING EAR CRISIS INTERVENTION CENTER

313 W Grand River, E Lansing 48823

(517) 337-1717 Crisis Line

www.theear.org

(517) 337-1728 Business Line

Services: 24-hour, anonymous, confidential crisis intervention service. Crisis counselors are available for one-on-one short-term

counseling and advocacy to help deal with depression, suicide, loneliness, sexual assault, grief and many other situations. They also provide referrals for services throughout the Lansing area.

#### **LOAVES & FISHES MINISTRIES**

831 N Sycamore, Lansing 48906

(517) 482-2099

www.loavesandfisheslansing.org

(517) 482-6848 Fax

Hours: Mon-Sun 6pm-9am; Call at 9:30am weekdays and 1:30pm weekends/holidays. First come, first served.

**Services:** Emergency overnight shelter up to 14 days. Transitional shelter up to 2 yrs. Transitional homes for women with families, and single men. Provides case management and support services. Emergency shelter, transportation (bus tokens), personal items, food, laundry services, and by referral assistance with locating housing and employment, and/or relocation. NO HOUSING LISTINGS ARE MAINTAINED. Men must be able to climb stairs. Between 9 am and 6 pm, persons must vacate the building. If employed, the curfew is 11:00 pm - NO EXCEPTIONS. Both men and women may be assigned to sleep in a top bunk bed and must be physically able to do so.

#### MEALS ON WHEELS

Greater Lansing Area_(Includes Lansing, E. Lansing, Haslett and Okemos) 5303 S Cedar St, Suite 1, Lansing, 48911	(517) 887-1440 (517) 887-8071 <b>Fax</b>
Rural Ingham County (Any area not covered by Greater Lansing) 415 E Maple St, Mason 48854	(517) 676-2775 (517) 244-0255 <b>Fax</b>
Clinton County 201 E Walker, St Johns, 48879	(989) 224-3600 (989) 224-3633 <b>Fax</b>

Services: The nutrition program provides hot, balanced meals to homebound senior citizens who cannot prepare their own food. Meals-On-Wheels are available on a temporary or ongoing basis.

Meals on Wheels Eligibility: Referral: Physicians, family members, friends, neighbors or self. At least 60 years of age The spouse or child with a disability of an individual, who is at least 60 years of age and receiving Meals-On-Wheels, may

receive meals if it is in the best interest of the client.

Requirements: Homebound - confined to their home or unable to leave their home under normal circumstances. Unable to participate at a Senior Dining Site because of physical or emotional difficulties. Able to feed themselves, and to be at home when the meals are delivered

Fees: Donation towards the cost of the meals. Individuals are never denied meals because they can't contribute.

#### MICHIGAN COMMISSION ON DISABILITY AND DIVISION ON DEAF AND HARD OF HEARING

201 N Washington Sq, Ste 150, Lansing, 48913

(877) 499-6232 **Toll-free** (517) 335-6004 Voice & TTY

The Michigan Commission on Disability Concerns and Division on Deaf and Hard of Hearing is located within the Department of Labor & Economic Growth. The Michigan Disability Resource Directory provides help for individuals and families, to locate

disability services in an easy-to-use resource directory. Provides information and technical assistance under both state and Federal civil rights laws.

#### MI REHABILITATION SERVICES/DHHS

1048 Pierpont Ste 1, Lansing 48913

families.

their

(517) 241-5122 (517) 335-0833 Fax

Services: MRS assists individuals with disabilities into a job. Services may include: training, physical aids, assistive technology, accommodations, and support services. Available for Clinton, Eaton, Ingham and Shiawassee Counties. Fees: Clients may be asked to pay for some rehabilitation costs if client is able.

MICHIGAN PROTECTION & ADVOCACY SERVICE, INC	C. (MPAS)
4095 Legacy Pkwy, Ste 500, Lansing, 48911	(517) 487-1755
www.mpas.org	(517) 487-0827 <b>Fax</b>
	(800) 288-5923 (Voice or TTY)
Services: Will explain legal rights and advise of ways to handle the situation.	Provides free written information about
disability-related legal rights. May sometimes provide legal representation if	situation meets program area priorities.
Programs:	
lacksquare Protection/Advocacy for Persons with Developmental Disabilities (PAD	<b>(D)</b> : Assists people with developmental
disabilities	
☐ Protection and Advocacy for Individuals with Mental Illness (PAIMI):	1 1
☐ Protection and Advocacy of Individual Rights (PAAT): Assists people we criteria for PADD or PAIMI services (generally individuals with adult-on	
□ Protection and Advocacy for Voter Access (PAVA) Assists people living absentee ballot, using the voting booth, and requesting assistance at the po	
☐ Client Assistance Program (CAP): Assists people who are seeking or rece	
Services, Consumer Choice Programs, Michigan Commission for the Blir	
Supported Employment and Transition Programs.	
Protection and Advocacy for Beneficiaries of Social Security (PABSS): work-related social security issues.	Assist individuals with disabilities who have
Protection and Advocacy for Individuals with Traumatic Brain Injury	(PATBI): Assists individuals with TBI and

□ Protection and Advocacy of Individual Rights (PAIR): Assists people with disabilities who do not meet the eligibility criteria for PADD or PAIMI services.

☐ Protection and Advocacy for Users of Assistive Technology (PAAT): Assists people with disabilities who may benefit from assistive technology devices and services.

#### MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY (M.S.H.D.A.)

735 E Michigan Ave, P O Box 30044, Lansing 48912

www.michigan.gov/mshda

(517) 373-8370 (517) 335-4797 Fax

(800) 382-4568 TTY

(855) 645-7423 **Toll Free** 

Housing Choice Voucher (HCV) (Previously Termed Section 8)

(517) 373-9344

Provides federal rent subsidies to people with incomes at or below 30 percent of the county median income level and adjusted for family size. Participants find their own housing in private homes and apartment buildings. There is a waiting list. If you are already on the list, please refer to page 3, BECKA Management LLC.

#### **Single Family Home Mortgages**

Used for existing and newly built homes, and certain new and used multiple-section homes on permanent foundations. The term of the loan is 30 years. Down payment assistance (DPA) is also available for lower to moderate-income buyers. Income limits apply based on location and family size. Sale Price Limit is \$224,500. Applications are made through participating lenders. Required pre-purchase education classes are offered through Housing Services Mid Michigan.

#### **PIP (Property Improvement Program)**

For 2016, Property Improvement Program (PIP) loans are available at rates from 4-8%, depending on income. The maximum income level is \$105,700. Most permanent general improvements to the home are eligible with the exception of luxury improvements. The maximum loan amount is \$50,000; however, loans over \$25,000 have equity requirements. The borrower must have a minimum credit score of 620 (660+, for loans over \$25,000). The term of the loan is based on the loan amount but can be up to 20 years for loans up to \$25,000 and 30 years for loans over \$25,000.

#### **MICHIGAN WORKS! Service Center**

www.mitalent.org

101 W. Cass St. St. Johns, MI 48879

(989) 224-2000

Hours: Mon-Fri 8am-5pm

(517) 492-5501 Fax

Services: Provides employment services to employers and job seekers through the use of the Michigan Talent Bank web site. Supports employers with employee recruitment, assessment and referral. Provides job search assistance at no cost in such areas as resume and cover letter development, labor market information and career exploration to those seeking employment. Additional on-site services include Work First program for customers referred by the Department of Health and Human Services (DHHS) and Workforce Investment Act (WIA). Representatives for MI Rehab Services (MRS) and the Veteran's Employment/Training Services are available by appointment. Free printing and faxing services. Eligibility: Call for information.

#### **MSU EXTENSION OFFICE**

Ingham County MSU Extension Office 5303 S Cedar St., Lansing 48911

(517) 887-4588

(800) 308-2145

(517) 887-4592 Fax

Hours: Mon-Fri 8am-noon & 1pm-5pm

Services: Small group educational programs for people with limited resources dealing with food safety and nutrition. Provided in a community center. Youth programs available for children 5-19 years of age through 4-H, which offers opportunities to learn and grow through hands on experiences.

#### NARCOTICS ANONYMOUS

P O Box 25144, Lansing, MI 48909

(800) 230-4085 24-hour line

http://www.michigan-na.org/capital/ Call for days, hours, and locations

#### NATIONAL CENTER FOR HOMELESS

600 W Allegan St. P O Box 30008, Lansing, MI 48909

**Contact**: Ms. Pam Kies-Lowe, State Coordinator of Homeless Education

Office of Field Services, Special Populations Unit

Michigan Department of Education

#### www.nche.ed.gov

**Services:** Educates parents on their children's educational rights and encourages educational success for children dealing with homelessness.

#### **HOLY CROSS DAY CENTER**

Holy Cross (517) 484-4414 430 N Larch, Lansing 48912 (517) 484-5353 **Fax** 

Hours: Mon-Fri 6am-6pm;

**Services:** Mon-Fri, breakfast, lunch and dinner are served. On Sat & Sun, we serve breakfast and dinner. New Hope provides a safe haven where people can use restroom facilities, use the telephone and receive mail. In addition, New Hope provides a gateway to a number of services including housing resources, clothing vouchers, life skills courses, substance abuse education, counseling, health services, educational services, employment preparation and many other important services.

#### OFFICE FOR YOUNG CHILDREN (OYC)

5303 S Cedar St., P O Box 30161, Lansing 48909-7661 (877) 614-7328 www.greatstartforkids.org/connect (517) 887-4319 **Hours:** Mon-Fri 8am-5pm (517) 887-4310 **Fax** 

**Services:** Provides families with information about child care resources and child development, and child care providers with information about training and resource materials. Provides training for day care aides and relative-providers.

#### PATHWAYS TO BETTER HEALTH

Serving Ingham, Clinton, and parts of Eaton County
5656 S Cedar St, Ste 130, Lansing, MI 48911

www.ihpmi.org
(866) 291-8691
(517) 394-4590 Fax

**Services:** Access to community services, get linked up with primary care and preventative health care services, reduce unneeded hospitalizations and emergency room visits. A Community Health Worker (CHW) will meet with you to identify the health and social services that you may need to improve your health. The CHW will help you set health goals and provide support to help you meet these goals. This may include help in managing your health conditions, as well as other things that affect your health, like food, housing or transportation.

**Fee:** To qualify: you must be enrolled or eligible for Medicaid, Healthy Michigan or Medicare; have 2 or more "chronic" health conditions; and be 18 years or older

#### PECKHAM, INC.

3510 Capital City Blvd, Lansing 48906 (517) 316-4000 www.peckham.org (517) 316-4490 Fax

Hours: Mon-Fri 8am-4:30pm

**Services:** Peckham, Inc., is a nonprofit community rehabilitation organization that provides vocational evaluation, job training, and paid employment opportunities for persons with disabilities. Peckham specializes in creating positive change in the lives of people with disabilities, or other barriers to employment, through more than 30 different rehabilitation and human services programs, ranging from art to career planning, pre-employment screening, facility-based training, organizational employment, and residential services.

#### PLANNED PARENTHOOD: LANSING HEALTH CENTER

300 N Clippert St, Ste 6, Lansing 48912 (517) 351-0550 (517) 351-6608 **Fax** 

Hours: Mon & Wed 9am-5pm; Tue & Thu 11am-7pm; Fri 10am-5pm; closed Sat & Sun.

**Services:** Planned Parenthood is a non-profit organization working to ensure access to reproductive health care for all people through health services, education, and advocacy. They also offer pregnancy tests, sexually transmitted infection testing and treatment, routine GYN exams, birth control, HIV testing (confidential), cancer screening, pregnancy options/birth control counseling, and educational services.

Fees: All services are on an income based sliding fee scale.

#### RENTAL HOUSING CLINIC (LEGAL AID)

www.law.msu.edu/clinics/rhc/ (517) 336-8088, ext. 2

Hours: Mon-Fri 10am-4pm (only during law school year). Call to schedule an appointment.

Services: Provides services from educational information to courtroom representation for low-income tenants and landlords

who have some type of rental property issue.

#### RURAL DEVELOPMENT

3001 Coolidge Rd, Suite 200, East Lansing, MI 48823

(517) 324-5100 (855) 813-7741 **Fax** 

**Services:** Low Income Home Purchase Program & Very Low-Income Home Repair Program. Purchase and repair programs for modest, permanent housing in **rural areas** (outside I-96 in Eaton County). Liquid assets above \$15k a factor. Household includes all occupants for purposes of determining program eligibility.

**Purchase Program (Direct) - (Max amount in Eaton Co. \$153,000)** Under 80% median income for household. 100% appraised value lending. Cannot currently own acceptable housing (limit refinance). Must have repayment ability and acceptable credit. Payment reduced (subsidized) in most cases. Credit fee at time of application. Inspections required. Modest closing costs.

**Repair Program** - Must be under 50% median income for household. Must own home and ground. Non-resident deed owners are factored into application. Must be unable to finance any other way. Possible project with another lender.

Loan - (max amount \$20,000) 1% rate 20-year max term. For repairs and improvements. Must have repayment ability, acceptable credit, and equity. No fees or lien taken if loan under \$7,500.

**Grant - (max amount \$7,500) To** remove health and safety issues. Applicant or co-applicant must be 62 years of age or older. Lacks repayment of loan. No fees or lien.

**Purchase Program (Guaranteed)** - Moderate income households. Outside lenders. See web site for more info. Information available at http://www.rurdev.usda.gov/mi/sfh/sfhmain.htm

#### SAFE CENTER

PO Box 472, St. Johns 48879

(877) 952-7283 Crisis Line (989) 723-9716 Office (989) 224-6947 Fax

**Services:** Provides emergency shelter to victims of domestic and sexual assault, 24-hour crisis intervention, counseling for victims, children and groups; housing assistance; community education and legal advocacy. Also assists Shiawassee Co.

#### SAFELINK WIRELESS

www.safelinkwireless.com

(800) 723-3546 Enrollment

**Services:** SAFELINK is a government supported program that provides a free cell phone and airtime each month for income-eligible customers. Applications can be filled out online at the above web address.

#### S.A.F.E. PLACE

P O Box 199, Battle Creek 49016

(269) 965-7233 Crisis Line (888) 664-9832 Toll free

**Hours**: 24/7

(269) 966-2503 **Fax** 

**Services**: Provides emergency shelter, 24/7 hotline, crisis intervention, therapeutic counseling, legal advocacy (including PPO and divorce advocacy), supportive housing services, children's services, and more for intimate partner violence survivors and their children free of charge. Serving all victims/survivors regardless of gender, race, class, sexual orientation, gender expression, or age (under 18 must be with guardian adult).

#### ST. VINCENT CATHOLIC CHARITIES

2800 W Willow, Lansing, 48917 (517) 323-4734 <u>www.stvcc.org</u> (517) 886-1150 **Fax** 

Hours: daytime hours, Mon-Fri 8am-4:30pm; evening hours vary by service and appointment.

- Adoption: Places infants, preschoolers, older children, and children with special physical and/or emotional needs with qualified families who offer stable, loving homes.
- □ **Foster Care:** Provides temporary family homes for children in the community who are victims of abuse or neglect. Foster families provide stable family care with the hope of reestablishing the natural family.
- □ **Counseling Services:** Offers affordable individual/family/marriage counseling, provided by professionally trained staff. Coping with depression, anxiety, and grief; parent-child relationships and communication; self-fulfillment/actualization

#### **SALVATION ARMY**

525 N Pennsylvania Ave, Lansing 48912

(517) 482-9715 (517) 484-9387 **Fax** 

Hours: Mon-Fri 8:30am-4:30pm; Closed noon-1pm for lunch

**Services:** Community Kitchen - free meals Mon & Fri, 12pm-1pm. Food and homeless food packs (through Ingham County Food Bank), personal needs, diapers, baby formula, blankets and coats (when available). Utility, eviction, and first month's rent help for individuals limited to once every 12 months, when funding is available.

#### SOCIAL SECURITY ADMINISTRATION

 5210 Perry Robinson Circle, Lansing 48911-3878
 (877) 512-5944 Local Toll Free

 www.socialsecurity.gov
 (800) 772-1213 National Toll

 Free
 (517) 393-4686 Fax

 Hours: Lansing, Mon-Fri 9am-3:30pm; Toll free (800 numbers) 7am -7pm
 (800) 325-0778 TTY

**Services:** Eaton, Clinton, Livingston, and Ingham Counties. Helps individuals with SS Benefits, SS card, early retirement (62-65), survivors/widow's benefits, disability benefits, and Medicare. Administers the Supplemental Security Income (SSI) program, providing basic income to people over 65, disabled, or blind, and have limited income or resources. Appointment can be made for office visits. Automated service available 24 hours a day to request forms/publications. **Eligibility:** Some guidelines.

#### **SOLDIERS & SAILORS COMMISSION**

Jeff McQade (517) 719-5025

**Services:** Assistance for US Veterans who were on active duty not during wartime, but for at least 180 days. Offers emergency assistance to veterans after other resources are exhausted. Conditions apply.

**Eligibility:** Requires one day of Relief Commission wartime service. Determinations by a commission appointed by the county probate judge. Must be Honorably Discharged.

#### TRI-COUNTY OFFICE ON AGING

5303 S Cedar St, Ste 1, Lansing 48911 (800) 405-9141 www.tcoa.org (517) 887-1440

**Services:** Senior citizen services, Medicaid/Medicare assistance program, information assistance, Project Choice Medicaid waivers, community-based program of case managed in-home services for individuals 18 years and up. Senior dining sites, Meals on Wheels, Senior dine card, supplemental food bank, housing assistance, kinship care, crises services, choices for independence, lending library, and AARP tax counseling.

**Services:** Clinton, Eaton, and Ingham County residents ages 60 or older. Information and assistance, adult day care, elder abuse assistance, education, case coordination and support, in-home respite care, legal assistance, long-term care ombudsman, Spanish speaking information & referral, volunteer transportation, energy assistance, crisis services, meals on wheels, senior dining sites, Medicare and Medicaid assistance, and personal care. Also, senior fitness, prescription assistance, kinship care, senior Dine card, refugee support, supplemental food bank, and tax assistance programs.

#### TRUENORTH COMMUNITY SERVICES

6308 S. Warner Avenue, P.O. Box 149, Fremont, MI 49412 (231) 924-0641 www.truenorthservices.org (231) 924-5594 Fax

**Services:** Serving Eaton, Barry, and Clinton county low-income families with housing and homeless prevention, food nutrition programs, health and medical needs, children service, family support, and utility assistance.

#### VETERANS ADMINISTRATION

Veteran's Administration Loan Guarantee Division, 477 Michigan Ave, Detroit 48826 (517) 543-5616 <a href="https://www.va.gov">www.va.gov</a>

**Veteran's Trust Fund -** Charlotte (Tom Lewis) **Hours:** Monday **ONLY** 9am-noon & 1pm-4pm

Services: Provides emergency assistance to veterans after other resources have been exhausted, including utilities, car

payments, food, dental, and hearing aids.

**Eligibility:** Requires 180 days of wartime (during a war, not necessarily actively at war) service. Requires discharge papers. Determinations by a committee.

#### **Veterans Administration Loan Guarantee Division**

(800) 729-5772

Not located at the Detroit location. Please direct all inquiries to the number provided.

**Services: Mortgage Loan Guarantee for Veterans**— Lenders will often provide loans up to 4 times the amount of the available entitlement. Covers the planned improvements and the cost of the home. Items covered are: caulking, weather-stripping, furnace modifications, thermostats, insulation, water heater and tank insulator, storm windows and doors, heat pumping, solar space heating.

**Eligibility:** Military service any time from September 16, 1940 to present, be considered a good credit risk, and have a satisfactory income. Solar equipment must meet HUD standards.

#### Veteran's Administration Mortgages

(800) 729-5772 ext. 3959

Qualified veteran purchasers, discharge papers needed to determine eligibility and entitlement. Low mortgage rates, low down payment and closing costs, maximum loan to \$240,000 depending on veteran's income and credit worthiness.

#### **HOLY CROSS**

430 N Larch St, Lansing 48912

(517) 484-4414 (517) 484-5353 **Fax** Men, ext.5301 (evenings) Women, ext. 5300 (evenings)

Hours: Office, Mon-Fri 8:30am-5pm

Shelters: 24 hours/7 days per week. Call Mon-Fri at 4pm for availability. On Sat & Sun, call after 2pm for availability.

New Hope Day Shelter is open Mon-Fri from 6am to 6pm. Men's & Women's Dorms are closed until 6pm.

Services: Holy Cross is the Housing Assessment and Resource Agency (HARA) for Ingham County.

Emergency Homeless Shelter: Callers may use the Help Line for crisis interventions for Vulnerable Adult/Elder Abuse, neglect, and/or exploitation issues. Literacy, substance abuse education, food and nutrition, life skills, and job preparation programs are available. Three meals are provided Monday-Friday (7am-7:30 am, 11:30am-1pm, and 4:30pm-6pm). Two meals on the weekends (8am-8:30am & 4:30pm-6pm).

**Veterans Housing Program (VHP):** Up to 18 month-long transitional living programs for homeless veterans that is based on a Modified Therapeutic Community model and offers food, clothing, limited transportation, life skills training, referral for healthcare, rehabilitation, job assistance, mental health support and in-house substance abuse outpatient treatment clinic. In collaboration with Battle Creek VA Medical Center, Advent House Ministries' in-house Good Work! Program, Ingham County Health Department, MI Works, and Community Mental Health, among others. Contingent upon continued progress with Life Plan (Treatment Plan).

**Veterans Dormitory Program (VDP):** Up to 6 month long transitional living program for homeless veterans that offers food, clothing, limited transportation, life skills training, referral for healthcare, rehabilitation, job assistance, mental health support and in-house substance abuse outpatient treatment clinic, in collaboration with Battle Creek VA Medical Center, Advent House Ministries' in-house Good Work! Program, Ingham County Health Department, MI Works, and Community Mental Health, among others. Contingent upon continued progress with Life Plan (Treatment Plan).

**Eligibility:** Homeless Veteran 18 years old with DD 214 or other VA documentation indicating military discharge status of general or above and eligible for VA medical services.

#### **Hotel Emergency Shelter Program:**

(517) 484-4414 ext. 5296

This program provides emergency shelter, food and case management for homeless families when traditional shelter spaces are full. The program may also serve homeless individuals who cannot stay in traditional shelter spaces for various reasons. The goal is to provide temporary short-term shelter for families in a local hotel or motel. Eligibility for the program requires one of the following documents: an eviction notice, a mortgage foreclosure notice, a red tag notice, a notice to quit or a referral letter documenting homelessness from a community agency or government department. Admission is open for

phone calls and walk-ins daily, including holidays, from 7pm to 9:30 pm. The program is located in the New Hope Day Center.

Clothing and furniture store: 5411 S. Cedar St. Lansing 48910, Hours: Mon-Sat 9am-9pm; Sun 11am-8pm

#### WOMEN'S RESOURCE CENTER/RETURNING ADULT PROGRAM

Gannon Building, Ste 204, PO Box 40010, Mail Code 1130, Lansing 48901-7210 (517) 483-1199 (517) 483-1907 fax

Hours: Mon-Thu 9am-6pm; Fri 9am-4pm

**Services:** Support services to LCC students. Tuition and child care awards to those who quality. The Women's Resource/Returning Adult Program is for people who may be considering returning to school, exploring career options, or needing support in life transitions.

#### **ENERGY SAVINGS**

The average household spends \$5,500 a year on energy. Using energy efficient appliances, making energy-efficient
home improvements, and taking energy-efficient actions every day can save hundreds of dollars each year.
☐ Buying ENERGY STAR appliances saves up to 30% on electricity bills.
☐ Replacing incandescent light bulbs with energy-efficient halogens, CFLs or LEDs may save 30-80% on energy bill
☐ Taking daily energy-efficient actions such as turning off unneeded lights, turning down the thermostat, and unplugging appliances when not in use will make an immediate impact on reducing your energy bills.
☐ You can make your home more energy efficient by weatherizing your electrical outlets, windows, and doors and
eliminating other air leaks in your house by using insulation batting, foam insulation, or caulk.
Resources:
☐ Consumer's Energy offers a rebate program to help customers switch to more efficient ENERGY STAR
appliances and insulate their homes. To utilize this program, go to www.consumersenergy.com to complete a
home analysis and to see for which programs your home qualifies.
☐ Capital Area Community Services offers free home weatherization assistance to residents of Clinton, Eaton,
Ingham, and Shiawassee counties. The program is designed to help lower fuel costs by making homes more
energy efficient. Typical weatherization may include smoke detectors, clothes dryer vents, water heater testing,
duct insulation, attic insulation, low-flow showerheads, knee wall insulation, and compact fluorescent light bulbs.
To qualify for the Weatherization Assistance Program, your total household income cannot exceed 200% of the
Federal Poverty Guidelines, or 60% of the State Median Income, whichever is greater. Additionally, your home
may not have been weatherized through this program after 9/30/1994.

#### **HOME SAFETY**

Lead paint is a safety issue in many older homes. Lead is a highly toxic metal which may cause a range of health problems, especially in young children. When lead is absorbed into the body, it can cause damage to the brain and other vital organs, such as the kidneys, nerves, and blood. Lead may also cause behavioral problems, learning disabilities, seizures, and in extreme cases, death. Some symptoms of lead poisoning may include headaches, stomachaches, nausea, tiredness, and irritability. Some children who are lead poisoned may show no symptoms at all. Outside the home, deteriorated lead paint mixes with the soil and may be tracked indoors. Inside the home, peeling or flaking lead paint may mix with household dust and dirt. Children may become lead poisoned by putting their hands or other lead-contaminated objects into their mouths, eating paint chips found in homes with lead-based paint, or by playing in lead-contaminated soil.

If you think there is a problem in your home due to lead-based paint, you may contact the **Michigan Lead Safe Home Program** at <a href="https://www.michigan.gov/leadsafe">www.michigan.gov/leadsafe</a> to fill out an application for assistance in remediation. There are income and residency restrictions for this program. Please visit the website for program details.

Radon is our nation's second leading cause of lung cancer. It is the leading cause among non-smokers. Radon is a naturally occurring colorless and odorless gas derived from the radioactive decay of the element radium. Outdoors, it is diluted to levels that offer little health risk. However, if a building is exposed to a sufficiently strong radium source, radon may enter the building through common entry points in the basement, crawl space, or slab foundation. It may then accumulate to levels which pose an increased health risk to those exposed to the gas. Long-term exposure to elevated radon levels increases a person's risk of developing radon-induced lung cancer. Past or present smokers face an even greater risk of developing radon-induced lung cancer.